

CPR FA Course Description (Non-certificate - SSA Specific)

Shongum Emergency Preparedness Class

We will be hosting an abbreviated day of emergency response training. We will start with an adult CPR (Cardiopulmonary Resuscitation) class which includes using an AED (Automated External Defibrillator) and relief of obstructed airways (choking). All CDC (Center for Disease Control) protocols will be followed to ensure your health and safety. We will then be going into first aid procedures for common occurrences such as heart attacks, stroke, bleeding control with some extra time spent on using tourniquets and penetrating trauma, plus some additional first aid basics.

Taught by:

Lorrie Koonz, BSN, RN, CEN, EMT
L3 Safety Training, LLC

Lorrie has been first responding to emergencies in Warren County since 1984. She is a board-certified emergency nurse who now manages the stroke program at Atlantic Health/Hackettstown. She has served large scale incidents including preparedness in planning as well as responding and working the trenches for extended periods.